



KRS DANCE

RETURN TO DANCE COVID-19 SAFETY GUIDELINES

SAFETY GUIDELINES FOR A SAFE RETURN TO DANCE POST COVID-19

PARENTS – if your child is sick they **MUST NOT** attend dance classes in our studios, please keep them at home where they are safe. Please safely drop off/pick up your child/ren at the front of our studio and if you need to enter our facilities please ensure you use the provided hand sanitiser and maintain social distancing. If you require assistance in getting your child/ren inside please phone reception 9545 4004 and we can come out to assist your child/ren. For our babyballet Tinies classes, if your child is not able to left in class along please ensure that only one Carer is present in class. Please so do not sent your child/ren to class if they have been in close contact with a confirmed case of COVID-19. If your child/ren test positive to COVID-19 and have been in class please inform us immediately. If you need to make a payment via Reception we would prefer you to use a contactless method.

STUDENTS – Please use provided hand sanitiser upon entry of our studio and do so throughout your class and at the end. Maintain social distancing at all times. Babyballet stars please bring your own special teddy for your classes. If any student is unwell please tell your parent/guardian that you need to stay at home. If you are feeling unwell during class please inform you Teacher immediately. As excited as we all our to see our friends please remain 1.5 metres away from each other. If you need to cough or sneeze please do so into your arm. Please leave immediately after your class. Do not share any food or drinks under any circumstances.

TEACHERS – Do not come to work if you are unwell, please organise for someone to cover your classes. No props should be used during class and all equipment and bars need to be sanitised consistently and before and after classes. Please ask reception if you need assistance. Please ensure students are socially distancing at all times and partner work is not permitted. Ensure all class rolls are marked accurately.

ALL ADULTS – the highest risk of transmission of COVID-19 is between adults, it is important that teachers and parents maintain social distancing at all times.

UNDERSTANDING THE COVID-19 VIRUS

COVID-19 is highly transmissible between people and can immediately spread to close contacts of infected individuals. The virus can spread from person to person through small droplets from the nose or mouth which are spread when a person with COVID-19 coughs or exhales. These droplets land on objects and surfaces around the person. The Virus can be caught by others by touching these objects or surfaces and then touch their eyes, nose or mouth. The virus can survive in the air for up to three hours and on a range of surfaces for up to 72 hours.

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CONTACT TRACING

- If you have changed address, phone number or email please inform us immediately so that we can updated your details.
- Reception/Teachers ensure you collect all information of trial participants, Carers attending class with their Tinies and anyone else on site including guest teachers etc. Full Name, Phone Number, Email, Address and Emergency Contacts are needed to be recorded.
- All rolls need to be marked accurately for every class.
- In case of a confirmed case we will email everyone to inform them if someone that has attended our studio has tested positive and will alert the relevant authorities. We will follow all instructions provided to us by the medical authorities. A Facebook post will also be posted on our closed group. We will not release any personal information with other families regarding the positive case. We will provide details necessary to Health Authorities.

PHYSICAL DISTANCING

- Government guidelines are allowing us to have 20 students in each class with one person per 4 square metres. This will be updated as health guidelines change.
- Floors will be marked to remind students to spread out when reasonable to do so.
- Lesson plans have been adapted to avoid the following:
 - Partner work that involves contact.
 - Group Lifts.
 - Use of handheld props.
 - Tight spacing in groups.
- Our timetable and classes will be adjusted to ensure that studios do not reach overcapacity. To help minimise congestion in the hallways, stairs and waiting areas. We will allow time for cleaning between classes.
- Parents are not to wait inside our facility, drop of and pick up only. Exemption for babyballet Tinies that are unable to be unaccompanied by their carer, limit of one carer per Tiny. Reception or Teacher Assistant to help students get to their classes and back to their Carers safely to limit the amount of adults in our studios.

SANITATION AND HYGEINE

- Our studios will be cleaned regularly and all equipment will be cleaned between each class.
- We have invested in more efficient cleaning products.
- We are providing hand sanitiser throughout our studios and we ask that everyone entering our facility uses this.
- Signage is displays to remind students to sanitise and Teachers will remind students of this throughout class and at the end of class.
- Where possible we will limit the use of Ballet Barres and these will cleaned after each use.
- Reception will be regularly wiping down all heavily-touched surfaces including but not limited to; door handles, railings, light switches, countertops etc.

KRS Dance will continue to monitor the Health Guidelines set by NSW Health and Service Australia and update our plan as changes are made, we will also be guided by Ausdance NSW.

We are doing our best to keep our studios COVID safe and are monitoring our Dancer's safe return to our studios. We are aware that some Student's will be less conditioned than others and will build up their training in class and easing in where required. Our Teachers, Professionals and Student's safety is paramount.

Simple steps to help stop the spread



